Roaddescription from Sha Tin MTR station

(Walking up from the MTR station)



From the MTR station, leave the station from Exit B. In front of you, you will see an outdoor bus terminus. Go to the left.



Follow the walkway to a ramp going down to the ground level.



When you are at the ground level, turn 180 degrees left and follow the walkway.



Go past a little local shop on your right hand.



Take the set of stairs that goes up the hill, and follow the path for around 10 min. (If it's dark, you may need a flashlight because the path is only moderately lighted).



Hold right.



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You will arrive at a roundabout. Turn right and go up the hill.



About 100m up the road you will find a sign for Ascension House on the right.



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Follow the signs up the stairs and along a winding path



You will arrive Ascension House after 5 min. The house managers will welcome you with cold water to cool you down.